

The Queens Pioneer

A Message from Tom ...

Welcome to June. Not quite the warm Spring we have all been looking for. The nights have been unusually cool for this time of year. It looks like the temperatures will start to slowly warm up. Did you know Summer officially arrives this month on June 21, 2019?

With the warmer weather too, it is important to stay cool. Here are also some tips to stay cool in warm weather

1. Drink plenty of cool water throughout the day (don't rely on feeling thirsty!)
2. Keep your room comfortable and cool by keeping the shades closed during the hottest part of the day.
3. Wear layers of lightweight clothing in light colored cotton so it's easy to adjust to the temperature throughout the day by removing or adding layers.

June is also Seniors' Month in many parts of Canada. Seniors are one of the fastest growing populations in the country, and many seniors are leading healthy and vibrant lives. This stage of your life brings the opportunity to pursue new goals, reactivate life-long interests and spend time with loved ones. Seniors continue to contribute to our community, and we can all benefit from your wisdom, friendship, and experience.

Thank you all for your continued comments on our new breakfast service. It seems to be going very well. We will continue on Monday's, Tuesday's, Thursday's and Friday's with our full sit-down service. If you have not tried it yet, please do come down and give it a try.

Please do check you calendar for upcoming events. You can start to expect to see the following:

- BBQ Lunches starting in June until the end of September.
- You are all Invited for Cake and Treats on June 10th in the Bistro Lounge to celebrate George and Kathleen Bowes 75th Wedding Anniversary.
- Father's Day is this month. Please join us on June 12th, 2019 for "Tea or Brew" with Judy, Tea and Beer Tasting will be available for the Ladies and Gentlemen.
- Finally Summer Ice Cream Tuesday's returns on the B2 Outdoor Patio.

We are also working to spruce up the Queens Avenue grounds. Everyone is working hard to keep your home looking beautiful. The gardens have now been planted with beautiful new flowers. We are looking forward to seeing the colours flourish. We will finish opening our Patios this month – so please keep an eye out for the changes as we get things ready and set up.

As always, continue to check out the June Activities calendar with Spencer. We are all looking to keep you active and busy.

On behalf of the whole Queens Avenue team, enjoy June, stay active and bring on the Summer!

Tom



Your Management Team

General Manager
Tom Ahlin

Facility Services Manager
Darlene Kerr

Administrative Receptionist
Veronica McDowell

Nurse Manager
Gretel Wallace-Skuce

Executive Chef
Carol Stevenson

Housekeeping Supervisor
Tatjana Kajic

Activities Coordinator
Spencer Wong

Maintenance Coordinator
Andrew Costley

If you wish to receive an electronic version of the Newsletter and Activities Calendar, please send an email with the words

"Newsletter Subscription"
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A Message from Activities...

Hello All!

This month we will be having two happy hours. Bob Reid on June 7, Gary Munn on June 24 and Jan Denk June 28.

Our outing this month will be to Swiss Chalet and will be on Wednesday the 19th. The cost for this outing will be \$28. This will include transportation, a choice of coffee, tea or pop, chicken lunch and dessert. PLEASE SEE SPENCER BEFORE June 14.

Judy will be back on Wednesday June 12. As per the suggestion of your fellow residents, I will have a box for collection in the Activities room. Anything collected will be given to Judy for the purpose of ingredients for the cookies she bakes. We will also be serving beer for the Gentleman to celebrate Father's Day.

With the warmer weather coming, it's good to be active and going out in the fresh air. We are planning to start a walking program for when the weather starts to warm up. If you are interested please see Spencer in activates.

On behalf of the Queens Avenue Activities team, let's continue to make the changes necessary to make the Activities Department successful.

Spencer

Also we will have a celebration for Kit and George Bowes 75th Wedding Anniversary on Monday June 10 at 3:00 in the Bistro. Here is a little bit about them:

When Kathleen and George Got Married

In 1944 George Bowes was injured and sidelined from active Air Force duties with the crash of his Wellington Bomber near Blita, Algeria. In an interview many years ago, George and Kathleen Bowes recollected what happened next. When George arrived in New York, having traveled home on the Isle De France, he phoned me – Kit was at the office, and he said let's get married – and I hadn't even considered being married that quickly, and I didn't think my parents would approve of it either – and so I said not so fast. And he said he was determined, and on route from New York to Winnipeg, he stopped at a little whistle stop along the way, Dryden I think – and sent a wire saying a very determined – will you marry me?

So by the time he got to Winnipeg, I knew that he really wanted to be married during that leave that he was being given, prior to his next assignment.

19 days after George arrived in Winnipeg, they were married. From there they went on their honeymoon to Muskoka Lake area and were posted back to Winnipeg after a short sojourn in Ottawa.

Kit and George Bowes celebrate their 75th wedding anniversary on Monday, June 10th at their new home, Queens Retirement Residence, Oakville, Ontario.

June Birthdays

Elizabeth G. June 1

Rita R. June 4

Nellie J. June 24

Featured Events:

June 2 Suite Melody Care

June 7 Kathy's Scarves & Jewelry

June 7 Happy Hour w/ Bob Reid

LR

June 10 Bowes Celebration BR

June 12 Tea w/Judy and also beer for the gentlemen to celebrate Father's Day

June 12 Dancing w/Derek AR

June 14 Happy Hour w/ Gary Munn LR

June 16 Mississauga Missionary Baptist (Church Service)

June 18 Community Meeting CR

June 19 Outing to Swiss Chalet

June 19 Music Wellness Clinic w/Elizabeth AR

June 24 Ice Cream on B2 Patio

June 26 Canada Day BBQ

June 28 Happy Hour w/ Jan Denk

June 30 Hymn Sing