

The Queens Pioneer

A Message from Tom ...

Well March has arrived like a lion! Time will tell if it leaves like a lamb. The saying "In like a lion, out like a lamb" has always seemed a straightforward enough proverb - when March starts, it's still winter, and by the end of the month spring has begun. We shall see if the weather reaches the lamb stage by the end of the month - or at least like a surly cat.

There are so many signs in March that we are almost through the cold weather - as we head towards the exit door of Winter:

- 1. On Sunday March 10, 2019, the clocks change to Daylight Savings Time. This is the practice of moving the clocks one hour ahead so that evening daylight lasts longer.*
- 2. On March 17, 2019 we have the Saint Patrick's Day. The Feast of Saint Patrick is a cultural and religious celebration for the patron saint of Ireland.*
- 3. Spring starts on Wednesday, March 20, 2019 and ends on Friday, June 21st 2019. Spring, also called "springtime", is one of the four seasons that make up the year. It is the period between the coldest time of the year (winter) and the warmest time of the year (summer) and gets its name from the growth of new plants during this time - plants "spring forth".*

Thank you to all who joined us for our Residents Town Hall last month to meet Michael Grunbaum from Rydel Management. What a great turn out! Feel free to say hello next time to see Michael in the building!

Also, we are planning to change our breakfast service for a two week period in March. Carol has been working hard on a plan. This will be a trial and test of a new plan. Stayed tuned to further announcements later this month.

Please stay tuned to our new programs in the Activities Department. Spencer is working hard to organize and introduce new and exciting programming and events, over the coming months. Resident ideas and feedback has been very valuable and constructive and participation will be the key to the ongoing success.

On behalf of the Queens Avenue Retirement team, keep active and stay healthy!

Tom



Your Management Team

General Manager
Tom Ahlin

Facility Services Manager
Darlene Kerr

Administrative Receptionist
Veronica McDowell

Nurse Manager
Gretel Wallace-Skuce

Executive Chef
Carol Stevenson

Housekeeping Supervisor
Tatjana Kajib

Activities Coordinator
Spencer Wong

Maintenance Coordinator
Andrew Costley

If you wish to receive an electronic version of the Newsletter and Activities Calendar, please send an email with the words

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A Message from Activities...

Hello All!

The Activities Team has been working hard to make more changes to how things are run in Activities.

This month we will be having two happy hours. Gary Munn on March 8 and Laurence Marks on March 29.

Our Swiss Chalet outing this month for March will be on Wednesday the 20th.

With our Valentine's Tea being such a huge success, I am happy to announce that Judy will be back for the St. Patrick's Day Tea on Wednesday March 13. As per the suggestion of your fellow residents, I will have a box for collection in the Activities room. Anything collected will be given to Judy for the purpose of ingredients for the cookies she bakes.

In addition to Judy coming in and doing a tea party, we will also have a piano player come in on Tuesday's from 4:15 PM to 5:15 PM. The Pianist is named Joel and is well accomplished. I am also excited to announce a new Coop Student that will be with us until June. Her name is Renee. She is a very kind and helpful person. If you see her, give her a friendly "hello."

Let's all welcome Joel and Renee to Queens Avenue!

On behalf of the Queens Avenue Activities team, let's continue to make the changes necessary to make the Activities Department successful.

Spencer



March Birthdays

Mary W. Mar 1

Lydia M. Mar 3

Daniel A. Mar 7

Stephan R. Mar 7

Joanne B. Mar 19

Margaret H. Mar 20

Gwendolyn G. Mar 23

Featured Events:

Mar. 1 Music Wellness Clinic AR

Mar. 2 5th Avenue Jewelry LR

Mar 3. Suite Melody Care

Mar. 8 Mass

Mar. 8 Happy Hour w/Gary Munn

Mar. 13 Dancing w/Derek AR

Mar. 13 St. Patrick's Day Tea

Mar. 14 Claudette's Fashion

Mar. 19 Community Meeting CR

Mar. 19 Shiny Jewelry

Mar. 20 Outing to Swiss Chalet

Mar. 29 Happy Hour w/Laurence Marks

Mar. 29 Liturgy of Word (Church)

Mar. 31 Hymn Sing