QUEENS AVENUE
RETIREMENT RESIDENCE

The Times

UPCOMING EVENTS

Jan 5 2:00pm Suite Melody Care

Jan 6 The Crown starts

Mondays at 3:00pm

Jan 6 Java Music Club Mondays at 3:15pm

Mid week Movies, Wednesdays at 7:00pm

Port of Call Scotland

January 20– 24th

Jan 23 Scottish Dinner in the Dining room

Jan 24 2:00 pm Highland Fling

Jan 28 2:00pm Birthday

Ringing in the New Year in style!

Here we are at the start of a new decade. The 2020 New Year is here!

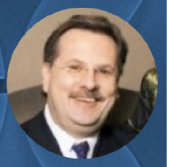
Every year, in our homes, with friends or families, we may ring in the new year with the song – "Auld Lang Syne". The song has become an absolute tradition in New Years celebrations. The phrase "for auld lang syne" essentially boils down to "for (the sake of) old times". It is a work which calls for the preservation of our oldest, dearest friendships; perhaps observed in the reflective quality of New Year's Eve itself.

So with the New Year, however you may celebrate, and regardless of how many lines of "Auld Lang Syne" you sing - we will celebrate the arrival of a New Year full of expectations, desires of happiness and success for you and your families.

On behalf of all the Queens Avenue team – best wishes and Happy New Year to you all!

Tom

A Message from Tom



A brief dialogue on snow-flakes... Well folks, winter is finally here, blanketing our world in crystal facets of sparkling snow...

Should Old Acquaintance be forgot,
and never thought upon;
The flames of Love extin-guished,
and fully past and gone:
Is thy sweet Heart now grown so cold,
that loving Breast of thine;
That thou canst never once reflect
On old lang syne.

Chorus:
On old lang syne my Jo,
On old lang syne,
That thou canst never once reflect,
On old lang syne

Tom Ahlin
General Manager

HEALTH WATCH: Managing

Hello Everyone! Happy New Year and New Decade It's 2020!

We look forward to an exciting year here at Queens Avenue.

I am excited to share and roll out the new calendar and news letter, and it will be so much easier to stay in tune and up to date with

Activities, News and Special events happening in the building.

We`ve added another series to the calendar, we will be playing the Crown Mondays at 3:00pm in the activity room. We have lots of special events planned over the wintery season. We look forward to celebrating with you!

Health and wellness

Even if your hands appear to be clean, they may carry germs. Hands pick up micro-organisms (germs) in a number of ways.

When people who are sick sneeze or cough, the germs that are making them sick are expelled into the air in tiny droplets. If these droplets get onto your hands, you carry the infection. You can also get sick if you don't wash your hands before and after preparing food, and after using the toilet.

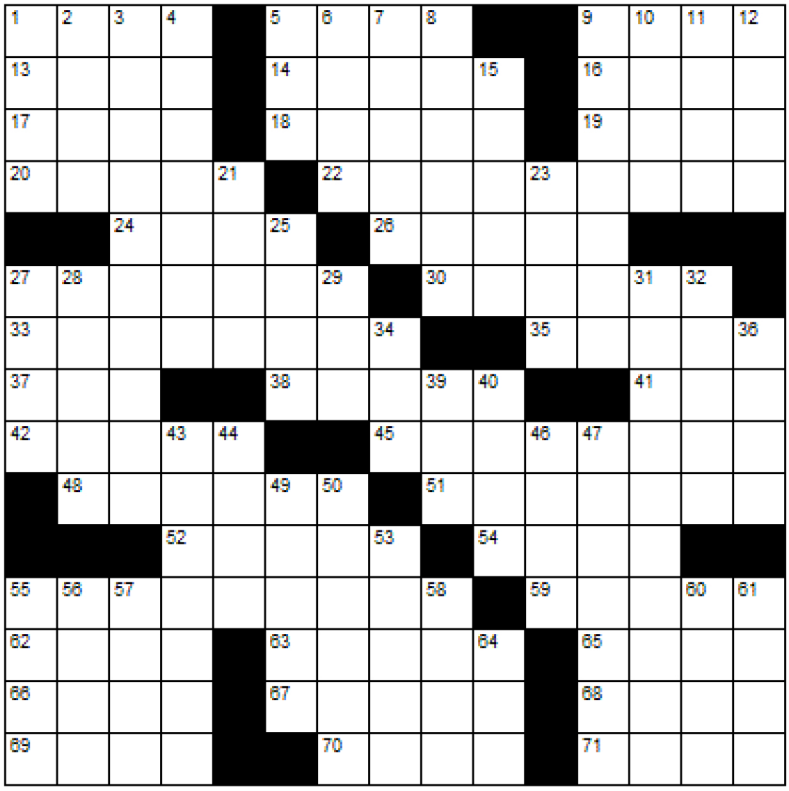
Washing your hands not only prevents you from getting sick, but it also reduces the risk of infecting others.

Top Ten New Year's Resolutions

Another year has dawn to a close, and yet another one has has dawned. Now that the new year is here, what resolutions are you

1. Eat healthier
2. Exercise more
3. Write a memoire
4. Worry less
5. Learn a new skill or hobby
6. Quit smoking
7. Read more
8. More time with friends
9. Write more lettersl
10. Facetime family more

The Queens Crossword



ACROSS

1. Portent
5. Countertenor
9. Party thrower
13. Spouse
14. Dams
16. Poems
17. Not right
18. Language of ancient Rome
19. Ill
20. Flurries
22. Wildfowls
24. Part in a play
26. Finally (French)
27. Appeal
30. Root vegetable
33. A maiden of Odin (Norse mythology)
35. French for "Room"
37. Frozen water
38. Utilizers
41. Flee
42. Platters
45. Long flat pasta
48. Sleeping sickness carrier
51. Braggart
52. Backward-looking
54. Color of the sky
55. Residents
59. Bolt
62. Rich soil
63. Subsided
65. Not Mama
66. Leisure
67. Hotel offering
68. Decorative case
69. Beasts of burden
70. Knife
71. A musical pause

DOWN

1. "Wise" birds
2. Bearing
3. Easy
4. An interconnected system
5. Hole-making tool
6. Bound
7. Church offering
8. The far east
9. A cry of praise
10. Norse god
11. Religious offshoot
12. Sounds of disapproval
15. Foul-up
21. Kill
23. Knights

Continued—

Puzzles and Word Games keep your Brain Sharp

Boost over-all brain activity.

Increase your memory power.

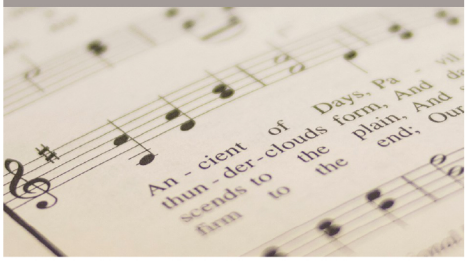
Reduce the risk, and slow the decline, of dementia.

Improve memory

Hymn Sing

Faith Baptist Presents:

Join us Sunday Jan 29 at 1:30 in the Activities Room for an old-time sing-a-long lead by a musical team from



Scrabble and Cards

Calling all Scrabble and-Card Players:

Join us every Wednesdays and Thursday in the Activities Room at 1:30pm for fun

Birthdays and Special Occasions at Queens

Noel celebrates his 95th birthday

The Kerr street Singers

Millie and Patricia help make treats For the bake sale

Teddies for Tragedies

Ruby dancing around the tree

25. Beige
27. Keen
28. Implied
29. "___ the season to be jolly"
31. Unable to read
32. Aircraft
34. Snake-like fish
36. Arab chieftain
39. Thorax protector
40. Prig
43. Earwax
44. Stair
46. Big party
47. Supplanter
49. Pigpens
50. Greek god of darkness
53. Course around a star or planet
55. Margarine
56. Cajole
57. Carryall
58. Bristle
60. Creative work
61. Pause
64. Cotillion girl

YOUR QUEENS MANAGEMENT TEAM

General Manager
Tom Ahlin

Community Relations Manager
Michelle Ferrara

Activities & Recreation Manager
Nicole Yarnold

Facility Services Manager
Darlene Kerr

Nurse Manager
Gretel Wallace-Skuce

Housekeeping Manager
Tatjana Kajic

Administrative Receptionist
Veronica McDowell

Food Services Manager
Carol Stevenson

Maintenance Coordinator
Andrew Costley